

The Macrobiotic Cancer Prevention Cookbook

By Aveline Kushi

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Biography of Michio Kushi. Michio Kushi was born into a family of educators in Japan on May 17, 1926. As a boy, he lived for a time in Hiroshima, where his father was

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**Aveline Kushi; Leader in Macrobiotic Diet - -**

Jul 05, 2001 Aveline Kushi, a leader of the books are "Aveline Kushi's Complete Guide to Macrobiotic Cooking" and "The Macrobiotic Cancer Prevention Cookbook

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